1. The Lorentz Group

(a) The first claim follows from multiplicativity of the determinant (and invariance under transposition):

$$L^T \eta L = \eta \quad \Rightarrow \quad \det(L^T \eta L) = \det(\eta) \quad \Rightarrow \quad \det(L)^2 = +1 \quad . \tag{1}$$

The second claim follows for writing $(L^T \eta L)_{00} = \eta_{00}$ explicitly,

$$\eta_{ab}L^{a}{}_{0}L^{b}{}_{0} \stackrel{!}{=} \eta_{00} = -1$$

$$\Rightarrow \quad \eta_{00}L^{0}{}_{0}L^{0}{}_{0} + \eta_{ik}L^{i}{}_{0}L^{k}{}_{0} = -(L^{0}{}_{0})^{2} + \delta_{ik}L^{i}{}_{0}L^{k}{}_{0} = -1 \qquad (2)$$

$$\Rightarrow \quad (L^{0}{}_{0})^{2} = 1 + \delta_{ik}L^{i}{}_{0}L^{k}{}_{0} \geq 1 \quad .$$

(b) It is trivial to verify that

$$L_1^T \eta L_1 = \eta \quad , \quad L_2^T \eta L_2 = \eta \quad \Rightarrow \quad (L_1 L_2)^T \eta (L_1 L_2) = \eta \quad .$$
 (3)

Existence of an inverse L^{-1} follows from det $L \neq 0$ (shown above). That $L \in \mathcal{L} \Rightarrow L^{-1} \in \mathcal{L}$ follows from

$$L^T \eta L = \eta \quad \Leftrightarrow \quad \eta = (L^{-1})^T \eta L^{-1} \quad . \tag{4}$$

Thus Lorentz transformations indeed form a group.

(c) • Matrix Calculation

One can use the good old matrix formalism. For an infinitesimal Lorentz transformation, with $L = \mathbb{1} + \omega$, the defining condition $L^T \eta L = \eta$ reduces to

$$(\mathbb{1} + \omega)^T \eta (\mathbb{1} + \omega) = \eta \quad \Rightarrow \quad \eta + \omega^T \eta + \eta \omega = \eta$$

$$\Rightarrow \quad (\eta \omega)^T + (\eta \omega) = 0 \quad . \tag{5}$$

In components, $\eta\omega$ is the matrix

$$(\eta\omega)_{ab} = \eta_{ac}\omega^c{}_b \equiv \omega_{ab} \tag{6}$$

and thus anti-symmetry of $\eta \omega$ means $\omega_{ba} = -\omega_{ab}$.

• Calculation in Components

For the following it will be much more useful to learn how to do such calculations directly in components. With $L^a_b = \delta^a_b + \omega^a_b$, one has (writing

out everything in detail, please make sure that you understand all the steps)

$$\eta_{ab}L^{a}_{\ c}L^{b}_{\ d} = \eta_{ab}(\delta^{a}_{\ c} + \omega^{a}_{\ c})(\delta^{b}_{\ d} + \omega^{b}_{\ d})$$

$$= \eta_{ab}\delta^{a}_{\ c}\delta^{b}_{\ d} + \eta_{ab}\delta^{a}_{\ c}\omega^{b}_{\ d} + \eta_{ab}\omega^{a}_{\ c}\delta^{b}_{\ d}$$

$$= \eta_{cd} + \eta_{cb}\omega^{b}_{\ d} + \eta_{ad}\omega^{a}_{\ c} = \eta_{cd} + \eta_{cb}\omega^{b}_{\ d} + \eta_{da}\omega^{a}_{\ c}$$

$$= \eta_{cd} + (\eta\omega)_{cd} + (\eta\omega)_{dc} \stackrel{!}{=} \eta_{cd}$$
(7)

which implies the anti-symmetry of $\eta\omega$,

$$(\eta\omega)_{cd} = -(\eta\omega)_{dc} \quad . \tag{8}$$

Example: in (1+1) dimensions, a boost with rapidity α has the matrix form

$$L(\alpha) = \begin{pmatrix} \cosh \alpha & -\sinh \alpha \\ -\sinh \alpha & \cosh \alpha \end{pmatrix}$$
(9)

For small (infinitesimal) rapidities α , $L(\alpha)$ reduces to

$$L(\alpha) \approx \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} + \alpha \begin{pmatrix} 0 & -1 \\ -1 & 0 \end{pmatrix} \equiv \mathbb{1} + \omega \quad . \tag{10}$$

Note that the second term is not (yet) anti-symmetric, but in accordance with the general result derived above, its product with η is,

$$\eta \omega = \alpha \begin{pmatrix} -1 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} 0 & -1 \\ -1 & 0 \end{pmatrix} = \begin{pmatrix} 0 & +\alpha \\ -\alpha & 0 \end{pmatrix} .$$
(11)